

# Advanced Career Counseling

CSE 744

Aaron P. Jackson

320 MCKB

Office Hours: Monday 11-12 a.m., Thursday 9-10 a.m.

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## Course Objectives

- Learn the importance of vocational issues in psychological development.
- Develop a philosophy of counseling that incorporates vocational issues.
- Improve your ability to conceptualize and articulate a research study proposal.
- Improve scholarly writing skills.
- See how career counseling is an aspect of counseling, not a separate endeavor.
- See how career assessments are integrated into counseling.
- Gain some multicultural career experience/awareness.

## Tentative Schedule

<u>Date</u>	<u>Assignments</u>	<u>Topics</u>	<u>Readings</u>
Jan. 7		Introduction	
14		Professional Issues	Peterson & Gonzalez Ch. 1, 2, 3
21		Holland, Gottfredson, Krumboltz	P&G Ch. 5
28		Savickas, Kohut,	P& G Ch. 4, 6, & 7
Feb. 4		Women's Career Issues	Jackson & Scharman; P & G Ch. 8
11		Contextual Theory, TWA	
18		Mainstream Theories	P & G Ch. 5
25	Midterm Exam	Cross Cultural Issues	P&G Ch. 13 P&G Appendix 1
Mar. 4		Career Counseling in Schools	P & G Ch. 9
11		Interests & Personality Theory	
18		Consulting & Executive Coaching	
25		Postsecondary Career Counseling	P&G Ch. 10; P&G Ch. 12
30	Presentations		
Apr. 1	Presentations		P&G Ch. 14
8			Teaching Career Exploration
21 (2:30-5:30 p.m.)		Final Exam/ Final Draft of Int. Paper	

## Assignments

**Research Proposal**-- The class will be divided into teams of two or three. Each team will write a research proposal in a current area of career research. The proposal should be in manuscript form: that is, APA style with a brief introduction and presentation of the method. These will be reviewed by another team and then turned in. They will be evaluated as if they were manuscripts submitted to a journal for publication (100 points).

**Personal Career Conceptualization**—Analyze your own career development in terms of your preferred theory. Explore your history and discuss how you came to your current career plan. Discuss how your experiences in graduate school have influenced your plan. Keeping your theoretical conceptualization in mind, speculate about your career in the future. Make predictions for 10, 20, and 30 years in the future. You needn't include any sensitive or personal information that you are uncomfortable sharing. (50 points)

**Case Presentation**—Present a case that highlights the integration of vocational issues with other human issues. Be sure to disguise any distinguishing characteristics to maintain confidentiality. Conceptualize the case using any theory that accounts for the importance of vocational issues. Discuss both the client's history and treatment in terms of the theory you select. Your presentation should not take more than 20 minutes. (50 points)

**Fictional Case Study**—Take a character (or characters) from a fictional or historical account and analyze their work-related issues in terms of one or more counseling/vocational theories. Present the story of the character(s) and describe the work issues in theoretical terms. Also describe interventions that would be appropriate and theoretically consistent. Speculate how the story might change as a result of these interventions. Share your analysis with the class in a 20-30 minute presentation (100 points)

**Painful Family Career Case Study**—Write a paper describing the most painful career story you can discover in your family history. Use your knowledge of counseling theories to interpret the story and describe interventions that you believe might have helped this person to have a more meaningful work experience. (100 pts.)

**Exams**--Exams will be based on the readings and class discussions. The format will be short essay. (25 points each)

**Readings**—Readings should be completed prior to coming to class. As you read, please construct a test question (short essay) for each of the articles/chapters and bring it with you to the next class. These questions will be used to stimulate class discussion and some will be selected for use on the exams.

## **Do one of the following two assignments**

**Theory Presentation**--Identify and explicate an expression of popular culture that illustrates inherent career issues. Expressions of popular culture might include films, television programs, literature, advertising, music, etc. Your explication should include a theoretical grounding and a description of the aspects of the culture that bring these issues to prominence. Present your ideas to the class in 20 minutes or less. This assignment can be done with a partner or individually. Presentations will be graded for (1) salience of the career issue illustrated, (2) relevance and understanding of the theoretical grounding, and (3) effectiveness of the presentation. Several examples will be given in class prior to student presentations (50 points)

**Application Presentation**—Review the Career Counseling Models text (Peterson & Gonzalez, 2000). Select an intervention of interest to you. Present it to the class in demonstration and/or participatory exercise that takes less than 20 minutes. This can be done with a partner or on your own. (50 points)

## **Grades**

Grades will be based on the percentage of points earned, i.e., >90% = A, >80% = B, etc. Grades may be adjusted for participation and/or attendance. Points will be deducted for late assignments.

Please let me know of any disability conditions that require accommodations.

## Presentation Sign-up Sheet

### Theory in Culture or Application

Date	Name	Topic
Feb. 1		
Feb. 8		
Feb. 13		
Feb. 21		
Mar. 1		
Mar. 8		
Mar. 15		
Mar. 22		
Mar. 24		
Mar. 29		
Apr. 5		
Apr. 12		

## Presentation Sign-up Sheet

### Case Presentation

Date	Name	Topic
Jan. 30		
Feb. 6		
Feb. 9		
Feb. 15		
Feb. 27		
Mar. 6		
Mar. 13		
Mar. 20		
Mar. 27		
Apr. 3		
Apr. 10		
Apr. 17		