

Instructor/TA Info

Instructor Information

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Course Information

Materials

Item	Price (new)	Price (used)
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Learning Outcomes

Philosophical constructs

Strengthen understanding of philosophical constructs and their application to counseling psychology.

Integrated philosophy of science and practice

Develop an integrated philosophy of science and practice.

History/philosophy

Become familiar with the history and philosophy of counseling psychology.

Metatheoretical approach

Learn and apply a metatheoretical approach to critically analyzing theories of personality and treatment.

Personal bias implications

Understand the implications of one's philosophy and theory for multicultural issues in counseling.

Scholarly writing skills

Improve scholarly writing skills.

Academic presentation skills

Improve academic presentation skills.

Grading Scale

Grades	Percent
A	93%
A-	90%
B+	87%
B	83%
B-	80%
C+	77%
C	73%
C-	70%
D+	67%
D	63%
D-	60%
E	0%

Turning Freud Upside Down 2 (2017)

Fischer & Jackson

BYU Studies

ISBN 9781942161479

<https://byustudies.byu.edu/content/turning-freud-upside-down-2-more-gospel-perspectives-psychotherapys-fundamental-problems> (<https://byustudies.byu.edu/content/turning-freud-upside-down-2-more-gospel-perspectives-psychotherapys-fundamental-problems>)

Turning Freud Upside Down: Gospel Perspectives on
Psychotherapy's Fundamental Problems

Brigham Young Univ Univ Pubns; (2005-08-01)

ISBN: 9780842525947

Pick One

1. Psychology for the Other

by Gantt & Williams

Duquesne University Press;

2. Cosmopolitanism: Ethics in a World of Strangers (Issues of Our Time)

by Kwame Anthony Appiah

W. W. Norton & Company; Edition Reprint (2007-02-17)

ISBN: 039332933X

3. The Triumph of the Therapeutic: Uses of Faith after Freud

(Background: Essential Texts for the Conservative Mind)

by Philip Rieff

Intercollegiate Studies Institute; Edition 1 (2006-11-20)

ISBN: 1932236805

4. The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work

by Bruce E. Wampold

Routledge; Edition 2 (2015)

5. Beyond Freedom & Dignity

by B. F. Skinner

Hackett Pub Co; Edition 1 (2002-03-01)

ISBN: 0872206270

6. Otherwise Than Being: Or Beyond Essence

by Emmanuel Levinas

© 1991, 1990, 1988, 1987

7. Witnessing: Beyond Recognition

by Kelly Oliver

Univ Of Minnesota Press; (2001-01-03)

ISBN: 0816636281

8. Truth and Method (Bloomsbury Revelations)

by Hans-Georg Gadamer

Bloomsbury Academic; Edition Reprint (2013-06-27)

ISBN: 1780936249

9. I And Thou

by Martin Buber

Touchstone; Edition 1st Touchstone Ed (1971-02-01)

ISBN: 0684717255

10. Constructing The Self, Constructing America: A Cultural History Of Psychotherapy

by Philip Cushman

Da Capo Press; (1996-10-01)

ISBN: 0201441926

11. Re-Envisioning Psychology: Moral Dimensions of Theory and Practice

by Frank C. Richardson

Jossey-Bass; Edition 2 (1999-03-29)

ISBN: 047044763X

12. Relational Being: Beyond Self and Community

by Kenneth J. Gergen

Oxford University Press; Edition Reprint (2011-09-01)

ISBN: 019984626X

13. Virtue and Psychology: Pursuing Excellence In Ordinary Practices

by Blaine J. Fowers

Amer Psychological Assn; Edition 1 (2005-07)

ISBN: 1591472512

14. Foundations of Professional Psychology: The End of

Theoretical Orientations and the Emergence of the

Biopsychosocial Approach (Elsevier Insights)

by Timothy P. Melchert

Elsevier; Edition 1 (2011-07-28)

ISBN: 0123850797

15. A New Unified Theory of Psychology

ISBN: 1461400570

16. The Philosophy of Cognitive Behavioural Therapy: Stoic
Philosophy as Rational and Cognitive Psychotherapy

by Donald Robertson

Karnac Books; (2010-09)

ISBN: 1855757567

17. Persuasion & Healing (3rd ed)

by Jerome D. Frank & Julia B. Frank

Johns Hopkins University Press (1916, 1973, 1991)

ISBN: 0-8018-4636-6

Other Resources

Introduction to Personality and Psychotherapy

by Joseph F. Rychlak

Houghton Mifflin; Edition 2nd

ISBN: 9780395297360

What's Behind the Research

by Slife & Williams

Sage

ISBN: 9780803958630

The Question of God: C.S. Lewis and Sigmund Freud

Debate God, Love, Sex, and the Meaning of Life

by Armand Nicholi

Free Press; Edition First Edition (2003-08-07)

ISBN: 074324785X

Psychology and the Question of Agency (Suny Series,
Alternatives in Psychology)

by Jack Martin

State University of New York Press; (2003-05-08)

ISBN: 0791457265

Assignments

Assignment Descriptions

I Haven't a Clue Paper

12

Write a brief paper defining a philosophical term with which you are unfamiliar. Cite your source(s). Describe how the construct might be applied in counseling psychology.

Philosophy Book Presentation

Oct**03**

Due: Wednesday, Oct 03 at 12:30 pm

Read one of the philosophical works on the readings list and prepare a presentation for the class on the key points in the book and their implications for counseling psychology. Write a summary of key concepts and distribute it to the class prior to your presentation. The presentation will be graded for content, effectiveness, and style. You will also be graded on whether or not you read the entire book.

Below are some suggested books. You may also propose an alternative.

The triumph of the therapeutic, (1966) Phillip Rieff

The great psychotherapy debate, (2015) Bruce Wampold

I and thou, (1958) Martin Buber

Beyond freedom and dignity, (1971) B.F. Skinner

Otherwise than being, (1998) Immanuel Levinas

Cosmopolitanism: Ethics in a world of strangers, (2007) K. A. Appiah

Psychology for the other, (2002) Gantt & William (out of print)

Witnessing: Beyond recognition, (2001) Kelly Oliver

Critical thinking about psychology, (2004) Slife, Reber, & Richardson

Truth and method, (2004) Hans-Georg Gadamer

Psychology and the question of agency, (2003) Martin, Sugarman, & Thompson

Ethics and values in psychotherapy, (1999) A.C. Tjeltveit

Toward a philosophy of the act, (1993) Mikhail Bakhtin

Constructing the self, constructing America, (1996) Philip Cushman

Re-envisioning psychology, (1999) Richardson, Fowers, & Guignon

Relational Being, (2011) Kenneth Gergen

Virtue and Psychology, (2005) Blaine Fowers

Midterm Exam

Oct**31**

Due: Wednesday, Oct 31 at 11:59 pm

The test will include both multiple choice and short essay questions taken from the readings, discussions, and presentations.

Theory Discussion

Nov**07**

Due: Wednesday, Nov 07 at 11:59 pm

Lead a discussion of a theorist of your choice. Use the Levels of Explanation model as a metatheory to discuss the theory. Read at least one original work by the theorist and prepare a summary of key concepts and quotes for the rest of the class. If available, you might include a video demonstration of counseling according to the theory. Distribute the summary readings prior to the day you lead the discussion. The discussion should include (1) the basic tenets of the theory, (2) the philosophical assumptions of the theory—both personality theory and treatment theory, and (3) an analysis of the degree to which the theory is compatible with Christian and other theistic philosophies. The presentation will be graded for content, effectiveness, and style. You will

Dec
12

Due: Wednesday, Dec 12 at 11:59 pm

Work with your research team or on your own to author or co-author a proposal for the APA Convention or some other professional meeting. Turn in a copy of the proposal and the cover sheet.

Integration Paper

Dec
12

Due: Wednesday, Dec 12 at 11:59 pm

Write a final paper that addresses one of the following questions—(1) What do you see as one of the key philosophical/theoretical issues facing counseling psychologists today and what needs to be done to address the issue?, or (2) How have you integrated your professional philosophy with your theology? Illustrate this integration through an axiological analysis of both.

Papers should be written with meticulous attention to APA style. This means if you make an assertion, you should support that assertion by citing other smart folks who have made the same or similar assertions. The challenge in this kind of writing is to your ideas to other thinkers.

University Policies

Honor Code

In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact be your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university. Students are also expected to adhere to the Dress and Grooming Standards. Adherence demonstrates respect for yourself and others and ensures an effective learning and working environment. It is the university's expectation, and every instructor's expectation in class, that each student will abide by all Honor Code standards. Please call the Honor Code Office at 422-2847 if you have questions about those standards.

Sexual Misconduct

In accordance with Title IX of the Education Amendments of 1972, Brigham Young University prohibits unlawful sex discrimination against any participant in its education programs or activities. The university also prohibits sexual harassment-including sexual violence-committed by or against students, university employees, and visitors to campus. As outlined in university policy, sexual harassment, dating violence, domestic violence, sexual assault, and stalking are considered forms of "Sexual Misconduct" prohibited by the university.

University policy requires all university employees in a teaching, managerial, or supervisory role to report all incidents of Sexual Misconduct that come to their attention in any way, including but not limited to face-to-face conversations, a written class assignment or paper, class discussion, email, text, or social media post. Incidents of Sexual Misconduct should be reported to the Title IX Coordinator at t9coordinator@byu.edu or (801) 422-8692. Reports may also be submitted through EthicsPoint at <https://titleix.byu.edu/report> (<https://titleix.byu.edu/report>) or 1-888-238-1062 (24-hours a day).

BYU offers confidential resources for those affected by Sexual Misconduct, including the university's Victim Advocate, as well as a number of non-confidential resources and services that may be helpful. Additional information about Title IX, the university's Sexual Misconduct Policy, reporting requirements, and resources can be found at <http://titleix.byu.edu> (<http://titleix.byu.edu>) or by contacting the university's Title IX Coordinator.

Student Disability

Brigham Young University is committed to providing a working and learning atmosphere that reasonably accommodates qualified persons with disabilities. If you have any disability which may impair your ability to

Services are coordinated with the student and instructor by the UAC. If you need assistance or if you feel you have been unlawfully discriminated against on the basis of disability, you may seek resolution through established grievance policy and procedures by contacting the Equal Employment Office at 422-5895, D-285 ASB.

Academic Honesty

The first injunction of the Honor Code is the call to "be honest." Students come to the university not only to improve their minds, gain knowledge, and develop skills that will assist them in their life's work, but also to build character. "President David O. McKay taught that character is the highest aim of education" (The Aims of a BYU Education, p.6). It is the purpose of the BYU Academic Honesty Policy to assist in fulfilling that aim. BYU students should seek to be totally honest in their dealings with others. They should complete their own work and be evaluated based upon that work. They should avoid academic dishonesty and misconduct in all its forms, including but not limited to plagiarism, fabrication or falsification, cheating, and other academic misconduct.

Plagiarism

Intentional plagiarism is a form of intellectual theft that violates widely recognized principles of academic integrity as well as the Honor Code. Such plagiarism may subject the student to appropriate disciplinary action administered through the university Honor Code Office, in addition to academic sanctions that may be applied by an instructor. Inadvertent plagiarism, which may not be a violation of the Honor Code, is nevertheless a form of intellectual carelessness that is unacceptable in the academic community. Plagiarism of any kind is completely contrary to the established practices of higher education where all members of the university are expected to acknowledge the original intellectual work of others that is included in their own work. In some cases, plagiarism may also involve violations of copyright law. Intentional Plagiarism-Intentional plagiarism is the deliberate act of representing the words, ideas, or data of another as one's own without providing proper attribution to the author through quotation, reference, or footnote. Inadvertent Plagiarism-Inadvertent plagiarism involves the inappropriate, but non-deliberate, use of another's words, ideas, or data without proper attribution. Inadvertent plagiarism usually results from an ignorant failure to follow established rules for documenting sources or from simply not being sufficiently careful in research and writing. Although not a violation of the Honor Code, inadvertent plagiarism is a form of academic misconduct for which an instructor can impose appropriate academic sanctions. Students who are in doubt as to whether they are providing proper attribution have the responsibility to consult with their instructor and obtain guidance. Examples of plagiarism include: Direct Plagiarism-The verbatim copying of an original source without acknowledging the source. Paraphrased Plagiarism-The paraphrasing, without acknowledgement, of ideas from another that the reader might mistake for the author's own. Plagiarism Mosaic-The borrowing of words, ideas, or data from an original source and blending this original material with one's own without acknowledging the source. Insufficient Acknowledgement-The partial or incomplete attribution of words, ideas, or data from an original source. Plagiarism may occur with respect to unpublished as well as published material. Copying another student's work and submitting it as one's own individual work without proper attribution is a serious form of plagiarism.

Respectful Environment

"Sadly, from time to time, we do hear reports of those who are at best insensitive and at worst insulting in their comments to and about others... We hear derogatory and sometimes even defamatory comments about those with different political, athletic, or ethnic views or experiences. Such behavior is completely out of place at BYU, and I enlist the aid of all to monitor carefully and, if necessary, correct any such that might occur here, however inadvertent or unintentional. "I worry particularly about demeaning comments made about the career or major choices of women or men either directly or about members of the BYU community generally. We must remember that personal agency is a fundamental principle and that none of us has the right or option to criticize the lawful choices of another." President Cecil O. Samuelson, Annual University Conference, August 24, 2010 "Occasionally, we ... hear reports that our female faculty feel disrespected, especially by students, for choosing to work at BYU, even though each one has been approved by the BYU Board of Trustees. Brothers and sisters, these things ought not to be. Not here. Not at a university that shares a constitution with the School of the Prophets." Vice President John S. Tanner, Annual University Conference, August 24, 2010

Date	Exams, etc.	Presentations	Readings	Assignments
Week 1				
W Sep 05 Wednesday		Introductions; Syllabus; Levels; Axiology		
Week 2				
W Sep 12 Wednesday		Philosophical idols; Inherent assumptions	Slife (1999); Mintz, et al. (2009); Jackson (2017, pp. 79-91)	
Week 3				
W Sep 19 Wednesday		Agency	Williams, 2005 Williams, 2017	
Week 4				
W Sep 26 Wednesday		Truth, Pain	Fischer, 2005 Slife & Reber, 2005 Jackson (2017, pp. 222-228))	
Week 5				
W Oct 03 Wednesday		Philosophy Book Presentations		Rachel--Beyond Freedom and Dignity Chunyue--The Philosophy of Cognitive Behavioral Therapy
Week 6				
W Oct 10 Wednesday		Philosophy Book Presentations		Lisa--The Great Psychotherapy Debate Anthony--I and Thou

Week 7				
W Oct 17 Wednesday		Philosophy Book Presentation		Alex--Relational Being Megan--Witnessing
Week 8				
W Oct 24 Wednesday	Midterm Exam			
Week 9				
W Oct 31 Wednesday		Philosophy Book Presentation Theory Discussion	Jackson, 2005	
Week 10				
W Nov 07 Wednesday		Theory Discussion		Lisa--Freud
Week 11				
W Nov 14 Wednesday		Theory Discussion		Anthony--Jung Alex--Nancy McWilliams Integration Paper--1st Draft Due
Week 12				
T Nov 20 Tuesday	Friday Instruction			
W Nov 21 Wednesday	No Classes			
Week 13				
W Nov 28 Wednesday		Theory Discussion		Rachel--Ellis Megan--Rogers
Week 14				

W Dec 05 Wednesday		Theory Discussion		Chunyue-- Seligman
Integration Paper-- Final Draft Due				
Week 15				
W Dec 12 Wednesday		Tying Up Loose Ends	Morrow (2000)	
Week 16				
Th Dec 20 Thursday	Final Exam: 343 MCKB 11:00am - 2:00pm			