

Kristin Lang Hansen, Ph.D.

Licensed Clinical Psychologist

Associate Professor

Counseling Psychology and Special Education, BYU

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Educational Background:

Child Psychology Post-doctoral Fellow in Managed Mental Health Care Aug 02 – June 03
Harvard Pilgrim Health Care/Department of Ambulatory Care and Prevention of *Harvard Medical School* (Focus on Child Psychology), Boston, MA

Internship and Post-doctoral Fellow June 99 – June 01
Harvard University Medical School/Beth Israel Deaconess Medical Center, Boston, MA

Doctor of Philosophy and Master of Arts in Clinical Psychology Sept 94- May 00
Loyola University Chicago, Chicago, Illinois

Bachelor of Science in Psychology Sept 88- May 92
McGill University, Montreal, Quebec, Canada

Academic Experience:

Aug 21- present Associate Professor, **Counseling Psychology/ Special Education, Brigham Young University** Provo, UT

Nov 18- present **Affiliate Research Professor, Counseling Psychology/**
Jan 16- Sept 16 **Special Education, Brigham Young University** Provo, UT
Dec 14- Aug 15 Teaching and collaboration on research.

Sept 17- Dec 17 **Adjunct Faculty, Psychology Department, Brigham Young University**
Sept 15- Dec 15 Provo, UT

Jan 17- Jan 19 **Editor, *Issues in Religion and Psychotherapy***
May 16- Jan 17 **Associate Editor, *Issues in Religion and Psychotherapy***

Sept 13- Nov 13 **Part-time Clinical Professor, Brigham Young University** Provo, UT
Provided clinical counseling and crisis management services at the BYU Counseling and Career Center. Took leave for adoption of son.

Aug 06- Sept 09 **Clinical Associate Professor, Brigham Young University** Provo, UT
Provided individual and group counseling, supervision, teaching, outreach, continuing education, counseling center and university committees including a university committee for selecting new Counseling Center Director, and co-chaired and chaired Regional Annual Counseling Conference Spring (2007 & 2008). Received CFS and Rank Advancement. Took leave for birth of son.

Clinical Experience:

- Feb 22 – present **Healing Relations, LLC** Provo, UT
Started private practice group based on Bridges which provides a holistic psychotherapy approach that is respectful of client agency, the healing role of relationships and values multicultural and spiritually competent treatment.
- April 20 – Feb 22 **Bridges Psychotherapy Solutions, LLC** Springville, UT
Joined Scott Richards, Ph.D., and team as Vice President and Director of Clinical Services to create a practice-teaching-research network in religious/spiritual competency in psychotherapy. Primary creator of our clinical practice.
- Sept 19 - Sept 20 **The EFT Clinic** Salt Lake City, UT
Provided emotionally-focused psychotherapy services; fulfilled almost all requirements for certification in Sue Johnson's Emotionally-focused couples counseling approach.
- July 01- Sept 20 **Private Practice: Clinical Psychologist** North Salt Lake, UT
Delivered psychotherapy services. Licensed in MA since July 2001 and UT since 2006. Licensed in all PSYPACT states through PSYPACT. Certified Affect Phobia Therapist.
<http://affectphobiatherapy.com/therapists/>
- July 03 – April 04 **Harvard Vanguard Concord: Clinical Psychologist** Concord, MA
Psychotherapy to children, families, couples, and adults.
- Sept 02 – June 03 **Harvard Vanguard Braintree: Post-doctoral Fellow** Braintree, MA
Psychotherapy with children, families, and couples.
- Aug 02 – Jan 03 **LDS Family Services: Clinical Psychologist** Belmont, MA
Provided psychotherapy and collaboration with clergy.
- July 01 – May 02 **Brookline Behavioral Health: Clinical Psychologist** Brookline, MA
Collaborated with Nicholas Covino, PsyD and former Harvard Medical Psychology Training Director, to provide psychotherapy and hypnosis medical patients with psychosomatic complaints, chronic pain, phobias, and addictions.
- July 99 – June 01 **Beth Israel Deaconess Medical Center (BIDMC) /Harvard Medical School: Pre- and Post-doctoral Fellow** Boston, MA
Provided therapy and assessment psychological services in individual, group, inpatient and emergency room settings in intensive training environment. Worked with Ali Domar, Ph.D., running infertility groups in Women's Health Clinic at Harvard Medical School Mind-Body Medical Clinic.

- Nov 98 – June 99 **Northwestern Hospital: Emergency Room Counselor** Chicago, IL
 Provided assessment and disposition for Emergency Room psych patients.
- Aug 98 – June 99 **Lorene Replogle Counseling Center: Clinical Extern** Chicago, IL
 Received spiritual/religious supervision for psychotherapy with
 Presbyterian Minister/Clinical Psychologist.
- Aug 97- Aug 98 **Loyola University Counseling Center: Extern** Chicago, IL
 Sept 95- May 96 Provided individual and group psychotherapy, student outreach, received
 and gave supervision.
- July 96 - July 97 **Evanston Evaluation Center of Northwestern Hospital:**
Extern Glenview, IL
 Conducted and wrote neuropsychological assessments of children and
 adolescents ages 5 through 21.

Teaching Experience:

- Fall 2022 **Counseling Theories & Interventions, CPSE 646; Diagnosis and
 Treatment of Mental Disorders CPSE 715, BYU, Provo, UT**
- Spring 2022 **Family and Couples Counseling, CPSE 790R, BYU**
- Winter 2022 **Spiritual Methods and Values in Counseling, CPSE 656, BYU**
- Fall 2021 **Counseling Theories & Interventions, CPSE 646, BYU**
- Spring 2019 **Biological Basis of Behavior, CPSE 608 BYU**
- Spring 2018 **Integrating the Sacred and the Secular in the Classroom**
 Co-facilitator, FHSS Faculty Workshop
- Fall 2017, 2015 **Psychology of Religion, Psychology 354, BYU, Provo, UT**
 Instructor, (Student Evaluations: 4.7/5 (Fall 2017) and 4.5/5 (Fall 2015))
- Winter 2011 **Counseling Spiritual Values and Methods in Counseling and
 Psychotherapy, CPSE 656, BYU, Provo, UT**
 Co-instructor, (Student Evaluations: 6.7/8)
- Fall 2006- Win 2009 **Student Development 115: Life Planning and Decision Making,
 CAPS, BYU, Provo, UT**
 Instructor, Taught 5 semesters. Supervised APA intern one semester.
 (Student Evaluations: 6.6/8)
- Jan 07- present **Guest lecturer BYU:** Provo, UT
Undergraduate classes: LDS Perspectives, "Relational Moral Agent in
 Psychotherapy Practice"; Psychology of Religion, "Integration of Religion
 and Clinical Practice"; Personality Theory; "Meditation" and "Integrating
 psychotherapy and religion" for Clinical Psychology class; "Mental Health

Professions" for Introduction to Health Professions; "Stress and Motivation" for Development; Book of Mormon. *Graduate*: Spiritual Values and Methods in Psychotherapy, Professional Development class for Counseling and Career Center APA interns on "Creating a Private Practice;" "Mindfulness and Meditation" for Graduate Clinical Issues; and "Affect Phobia: Working with Emotion in Psychotherapy" for BYU Counseling practicum class.

Jun 01- May 01 **Guest Lecturer** for Professional Development Class for psychology post-docs at **BIDMC/Harvard Medical School**, Brookline, MA

Winter 2002 **Introduction to Motivation**, Simmons College, Boston, MA

Winter 2001 **Introduction to Psychology**, Wheelock College, Boston, MA

Spring 1998 **Introduction to Personality**, Loyola University Chicago, Chicago, IL

Research:

Aug 2021- Present **Current Research Interests:** Mechanisms of change in psychotherapy with a focus on agency and emotion; Spiritual/religious experience/struggles in psychotherapy; Religious conversion, attachment, and acculturation; Women's health; Couples.

Spring 17- Jan 2019 **Emotion and the Scriptures Qualitative Study** Provo, UT
"Anger" in religiously competent psychotherapy (with Emily Darwoski, PhD, and Aaron Jackson, Ph.D., Brigham Young University).

Sept 06- Sept 2013 **Acculturation of New Converts Post-Conversion** Provo, UT
Role of acculturation, agency, and attachment in religious conversion. (Brigham Young University)

Sept 03- Aug 06 **Affect Psychotherapy Research** Dedham, MA
Psychotherapy process research, role of emotion regulation in psychotherapy with Leigh McCullough, Ph.D. (Harvard Medical School).

Sept 01 – Sept 05 **Spiritual Direction/Psychotherapy Study** Brookline, MA
Explored difference between Christian spiritual direction and psychotherapy with John Peteet, MD (Harvard Medical School).

July 99- June 00 **Women's Health Center, Mind Body Institute** Boston, MA
Role of spiritual/religious issues and infertility (With Ali Domar, PhD, Harvard Medical School). Also, ran infertility groups at Herbert Benson's Harvard Mind Body Clinic.

Sept 94- June 00 **Role of Agency and Meaning in Human Cognition** Chicago, IL
Studied agency (free will) centered theory of cognition with Joseph F. Rychlak, Ph.D. (Masters and Dissertation work).

- May 92- June 92 **McGill University: Research Assistant** Montreal, PQ
Explored the use of intentionality in language development in children with John Macnamara, Ph.D.
- May – Aug 89, 90, 91 **National Institutes of Health: Research Assistant** Bethesda, MD
Studied the release of the neurotransmitter, dopamine, and hydroxyl free radical formation using an MPTP paradigm of Parkinson's disease in rats.
- Sept 90- Apr 91 **McGill University: Research Assistant** Montreal, PQ
Studied the effects of drugs inhibiting hippocampal receptors on working memory in rats using water maze.

Publications: (* denotes students I mentored)

Hansen, K.L., Nielsen, S.L., Erekson, D., Petersen, T., & Smith, T. B. (under review). Effects of religious and spiritual struggles on psychotherapy outcome.

Polhill, S. E., Smith, S., Baughan, E. C., Bunnell, K., Bunker, B., Garcia-Prada, D., Ferguson, A. A., Smith G. S., Smith B. M. , **Hansen, K. L.**, Wang, K. T., Allen, K. G. E., & Nielsen, J. A. (submitted for publication). Self-Compassion Mediates the Relationship between Maladaptive Perfectionism and Scrupulosity among Young Adult Members of the Church of Jesus Christ of Latter-day Saints.

Darwoski, E. S., **Hansen, K.L.**, Jackson, A. P. Flint, C. D. & Linford, J. (2018) Analyzing Anger References in the Scriptures: Connections to Therapy in a Religious Context. *Issues in Religion and Psychotherapy*, 39, 77-98.

Saadeh, M., Steele, P., **Hansen, K. L.**, Peteet, J. & North, K. (2018) Spiritual Direction and Psychotherapy. *Spirituality in Clinical Practice*.

Hansen, K. L. (2017). The relational moral agent and its implications for practice. In A. P. Jackson & L. Fischer (Eds.). *Turning Freud Upside Down II: More Gospel Perspectives on Psychotherapy's Fundamental Problems*. Provo, UT: BYU Press.

Ulrich, W., Richards, P.S. & **Hansen, K. L.** (2014). Psychotherapy with Latter-day Saints. In Richards, P.S. & Bergin, A. E. (Eds.), *Handbook of Psychotherapy and Religious Diversity (2nd Edition)* (pp. 179-205). Washington D.C.: APA Books.

Hansen, K. L., Page, L.*, Fischer, L., & Williams, M. (2013). Acculturation in committed newconverts to the Church of Jesus Christ of Latter-day Saints. *Issues in Religion and Psychotherapy*, 35, 16-29.

Hansen, K. L. & Richards, P.S. (2012). Ethics of Respecting a Client's Agency and Values in Treatment: Perspectives from a Theistic Spiritual View of Counselling. *Counselling and Spirituality*, 31 (1)

Jackson, A., Yanchar, S., **Hansen, K. L.**, & Hansen, J. (2012). Critical thinking in applied psychology: Toward an edifying view of critical thinking in applied psychology. *Issues in Religion and Psychotherapy*. 34 (1), 69-80.

Richards, P. S. & **Hansen, K. L.** (2012). Gospel-centered psychotherapy: What it is and why it matters. *Issues in Religion and Psychotherapy*. 34 (1), 33-52.

Hansen, K. L. (2010). A matter of perspective. *Issues in Religion and Psychotherapy*. 33 (1), 17-23.

Hansen, K. L., Nielsen, D., & Harris, M.* (2009). Meditation, Christian values, and Psychotherapy. *Issues in Religion and Psychotherapy*, 32 (1), 41-51.

Fischer, L., **Hansen, K. L.**, & Hansen, K. (2009, Summer). Turning Freud upside down. *AMCAP Networker*, 2-13.

Hansen, K. L. (2007, Winter). Opening Our Hearts to Feeling. *AMCAP Networker*, 6-8.

Hansen, K. L. (2006, Summer) Book Review on Eric G. Swedin's *Healing Souls: Psychotherapy in the Latter-day Saint Community*. [Review of the book *Healing Souls: Psychotherapy in the Latter-Day Community*.] *AMCAP Networker*, 8-9.

Chiueh, C. C., Murphy, D. L., Miyake, H., **Lang, K.**, Tulsi, P. K., & Huang, S.-J. (2006). Hydroxyl free radical (OH) formation reflected by salicylate hydroxylation and neuromelanin. In *Annals of the New York Academy of Sciences*, 679, 370-375 [online]. Available: <http://mode=citation&contextLink=blah&issn=1749-6632&volume=679&issue=&pages=370-375>

Lang, K. (2003). Completing the psychology dissertation: Practical tips from a recent graduate student. In *American Psychological Association of Graduate Students (APAGS)* [online]. www.apa.org/apags/edtrain/dissertationtips/html (No longer available online).

Lang, K. (1999). A predicational perspective on encoding specificity. Unpublished dissertation, Loyola University Chicago, Chicago.

Lang, K. (1996). Predicational organization & its enhancement of memory. Unpublished master's thesis, Loyola University of Chicago, Chicago.

Chiueh, C.C., Krishna, G., Tulsi, P., Obata, T., **Lang, K.**, Huang, S. and Murphy, D. (1992). Intracranial microdialysis of salicylic acid to detect hydroxyl radical generation through dopamine autoxidation in the caudate nucleus: effects of MPP⁺. *Free Radical Biology and Medicine*, 13, 581-583.

Lang, K., Huang, S.J., Miyake, H., and Chiueh, C.C. (1990). Calcium ion fluxes mediate sustained release of endogenous striatal dopamine by toxic doses of MPP⁺ *in vivo*. *FASEB Journal*, A605 [abstract].

Paper and Poster Presentations: (*denotes students I mentored)

Hansen, K.L., Nielsen, S.L., Erekson, D., Petersen, T., & Webster, R. (2022, July). Religious and Spiritual predictors in psychotherapy process and outcome. Paper presented at Society for Psychotherapy Research (SPR), Denver, Colorado.

- Webster, R. J.* & **Hansen, K.L.** (April 2022). Religious and spiritual concerns impact on psychotherapy process and outcome. Paper presented at American Psychological Association's Division 36 Mid-Year Conference online.
- Webster, R. J.* & **Hansen, K.L.** (March, 2022). Acculturation, Parental Attachment, and Religious Conversion in Black Young Adults. Poster presentation at Mary-Lou Fulton research Conference for Mentored Students at Brigham Young University, Provo, Utah.
- Weber, H.* & **Hansen, K. L.** (March, 2022). Agency in psychotherapy: A lit review. Poster presentation at Mary-Lou Fulton research Conference for Mentored Students at Brigham Young University, Provo, Utah.
- Kemker, B.* & **Hansen, K. L.** (March, 2022). Awareness as a facilitator for agency in psychotherapy. Poster presentation at Mary-Lou Fulton research Conference for Mentored Students at Brigham Young University, Provo, Utah.
- Polhill, S., Hansen, S., Baughn, E., Bunnell, K., Bunker, B., **Hansen, K. L.**, Wang, K. T., Allen, G. E. K., & Nielson, J. (2022). Examining self-compassion as a mediator between perfectionism and scrupulosity among Latter-day Saint populations. Poster presentation at the 2022 APA Convention, Minneapolis, MN.
- Hansen, K.L.**, Richards, P. S & Barrett, M. (2021, Sept) Using Spiritual Interventions in Psychotherapy: Practices, Ethical Concerns and Process Suggestions. Paper presented at Association for Latter-day Saint Counselors and Psychotherapists' Fall Convention, Salt Lake City, Utah.
- Hansen, K.L.** (2021, Sept). Attachment Theory and Religion/Spirituality. Bridges Psychotherapy Solutions, Provo, UT.
- Gantt, E. E., & **Hansen, K.L.** (2018, October). Unmingling the philosophies of men and scripture: The practical importance of philosophical and theological reflection for LDS therapists. Plenary address at the Annual Conference of the Association of Latter-day Saints Counselors and Psychologists, Salt Lake City, Utah.
- Hansen, K. L.**, & Richards, S. P. (2015, Mar). Respecting client agency as an ethical issue in counseling. Paper presented at APA's Division 36 (Psychology of Religion and Spirituality) Mid-Year Conference, Provo, UT.
- Richards, P. S., **Hansen, K. L.**, Cooper, S., Fletcher, S. & Smith, R. (2011, Apr). Theistic psychotherapy. Paper presented at Association for Clinical Pastoral Education, SLC, UT.
- Hamer, L., **Hansen, K.**, & Williams, M. (2010, Oct). Converting post-conversion: Acculturating to a new religious culture. Paper presented at the Society for the Scientific Study of Religion, Baltimore, MD.
- Hansen, K.**, Hamer, L., * Fischer, L., & Williams, M. (2010, Oct). Patterns of acculturation in committed converts to the Church of Jesus Christ of Latter-day Saints. Poster presented at Association for Latter-day Saint Counselors and Psychotherapists Fall Convention, Salt Lake City, Utah.

Hansen, K., Williams, M. & Nielsen, D. (2009, Oct). Benefits of meditation in enhancing emotion regulation in psychotherapy. Poster presentation at the Rocky Mountain Society for Psychotherapy Research, Provo, Utah.

Hamer, L., * **Hansen, K.,** Williams, M., Phillips, J.* & Ollerton, D.* (2009, Oct). Identity development: Analysis of post-conversion experiences of new converts to The Church of Jesus Christ of Latter-day Saints. Poster presentation at the Rocky Mountain Society for Psychotherapy Research, Provo, Utah.

Phillips, J.,* **Hansen, K.,** & Williams, M., (2009, Oct). The role of relationships in the conversion process: An LDS sample. Paper presented at the Society for the Scientific Study of Religion, Denver, CO.

Hansen, K., Hamer, L.,* Phillips, J.,* Ollerton, D.* & Williams, M. (2009, Apr). The spirituality and psychology of converts to the Church of Jesus Christ of Latter-day Saints post-conversion. Paper presented at Association for Latter-day Saint Counselors and Psychotherapists Spring Convention, Salt Lake City, Utah.

Hamer, L.,* **Hansen, K.,** Williams, M., Phillips, J.,* & Ollerton, D.* (2009, Apr). Analysis of post-conversion experiences of new converts to the Church of Jesus Christ of Latter-day Saints. Poster presentation at Mary-Lou Fulton research Conference for Mentored Students at Brigham Young University, Provo, Utah.

Hansen, K., Jensen, D., & Bennion, L. (2008, Oct). The Multicultural Genogram Exercise: Illustrations and Discussion. Presentation to the Brigham Young University Counseling and Career Center, Provo, Utah.

Williams, M., **Hansen, K.,** Nielsen, D., Preece, J., & Shively, A. (2008, Aug). Using film clips in DBT groups. Poster and media presented at the American Psychological Association Annual Convention, Boston, Massachusetts.

Okiishi, J., Buxton, M., Nielson, L., Smart, D., & **Hansen, K.** (2008, Aug). Bridging quantitative/qualitative gaps: A process look at empirically exceptional outcomes. Paper presented at American Psychological Association Annual Convention, Boston, Massachusetts.

Hansen, K., Williams, M. S., Douglas, K. I., Gleave, R. L., Byrd, A. D. (2008, April). Enhancing spiritual development in the context of psychological care: Spiritual interventions. Moderated panel of paper presentations at Association for Latter-day Saint Counselors and Psychotherapists Spring Convention, Salt Lake City, Utah.

Williams, M. S., **Hansen, K.** & Nielsen, D. (2008, April). Applying basic skills of Dialectic Behavior therapy in clinical practice. Papers presented in workshop at Association for Latter-day Saint Counselors and Psychotherapists Spring Pre-Convention, Salt Lake City, Utah.

Hansen, K., Williams, M, Bibeau, J.,* Phillips, J.,* & Smith, S. (2008, Feb). Exploration of Psychological Experience Post-Conversion in Converts to the Church of Jesus Christ of Latter-day Saints. Paper presented at 6th Annual Mid-Year Conference on Religion and

Spirituality, Division 36 (Psychology of Religion) of the American Psychological Association, Baltimore, Maryland.

Hansen, K., & Williams, M. (2007, Oct). Utilizing an Agency-Centered Psychological Theory for Describing the Spiritual and Temporal Complexity of Emotional Suffering. Paper presented at Association for Latter-day Saint Counselors and Psychotherapists Fall Convention, Salt Lake City, Utah.

Smith, S.A., & **Hansen, K.** (2007, Sept). Presentation of findings on Biculturalism among American Indian College Students. Presentation to Brigham Young University Counseling and Career Center, Provo, Utah.

Smith, S.A., **Hansen, K.,** Jackson, A. P., Orr, E., Miller, C. (2007, Aug). Biculturalism among American Indian College Students. Poster presented at American Psychological Association Annual Convention, San Francisco, California.

Smith, K,* and **Hansen, K.** (2007, April). *Meditation: A brief review of the literature.* Poster presentation at Mary-Lou Fulton research Conference for Mentored Students at Brigham Young University, Provo, Utah.

Beecher, M., Williams, M. S., Preece, J., Shivley, A., & **Hansen, K.** (2007, March). Dialectic Behavior Therapy Group Counseling. Presentation to Brigham Young University Counseling and Career Center, Provo, Utah.

Hansen, K., Harris, M.,* and Nielsen, D. (2007, March). Meditation: What is it and how to use it in practice? Papers presented at Association for Latter-day Saint Counselors and Psychotherapists Spring Convention, Salt Lake City, Utah.

Hansen, K. L. (2006, March). A Brighter Hope: Increasing Moral Agency with Emotional Awareness. Paper presented at Association for Latter-day Saint Counselors and Psychotherapists Spring Convention, Salt Lake City, Utah.

Lang, K. and McCullough, L. (2005, March). Use of Deep Relaxation and Interventions from Short-term Dynamic Therapy to treat and ameliorate Panic Disorder. Poster presented at Association for Latter-day Saint Counselors and Psychotherapists Spring Convention, Salt Lake City, Utah.

Lang, K. (2001, Feb). Case Presentation of Obsessive-Compulsive Geriatric Patient. Paper presented at Harvard Medical School, Psychiatry Department Grand Rounds, Boston, Massachusetts.

Lang, K. (1998, Aug). Psychotherapy from within a Religious/Spiritual Framework: Ethical Issues. Paper presented at the American Psychological Association Annual Convention, San Francisco, California.

Gaither, R. A., Hoepfner, J., & **Lang, K.** (1997, Nov). Cognitive and behavioral effects of sleep apnea in a six-year-old male: A case study. Poster presented at the National Academy of

Neuropsychology Conference in Las Vegas, Nevada.

Lang, K. & Rychlak, F. (1996, Aug). Rethinking encoding specificity: An intentional interpretation. Paper presented at the American Psychological Association Annual Convention, Chicago, 1997.

Lang, K. (1996, Nov). Cognition as patterned meaning: A Logical Learning Theory approach. Poster presented at the Illinois Psychological Association Annual Convention, Chicago, Illinois.

Lang, K., Huang, S.J., Miyake, H., and Chiueh, C.C. (1990, April). Calcium ion fluxes mediate sustained release of endogenous striatal dopamine by toxic doses of MPP⁺ in vivo. Poster presented at the Federation of American Societies for Experimental Biology, Washington D.C.

Symposia organized:

Chair and organizer of symposium entitled *Ethical Issues related to Client and Therapist Values and Use of Agency in Theistically Oriented Treatments* for APA's Division 36 (Psychology of Religion and Spirituality) Mid-Year Conference, Spring 2015, Provo, UT.

Chair and organizer of symposium, *Spiritual/Religious Values in Psychotherapy: Theoretical and Ethical Implications*. Presented at the American Psychological Association Annual Convention (APA); San Francisco, 1998. Paper entitled *Psychotherapy from within a Religious/Spiritual Framework: Ethical issues* was given.

Co-chair and co-organizer of symposium for Division 52 of the APA on *Students Addressing International Issues: Discussion*. Presented at the American Psychological Association Annual Convention (APA); San Francisco, 1998.

Chair and organizer of symposium entitled *Intentional Cognition* for the 1997 APA convention. Paper entitled *Rethinking encoding specificity: An intentional interpretation* was presented at this symposium.

Conventions organized:

Co-organizer of AMCAP Spring Convention 2021, *Connecting through Emotional Healing* Fall, 2021, Salt Lake City, Utah. Invited Scott Wooley and Rebecca Jorgensen, 2 of Sue Johnson's long-time trainers to provide a full day workshop on using EFT with religious clients.

Chair and organizer of AMCAP Fall Convention 2007, *Body, Mind, Spirit: New Developments in Mental Health* in Salt Lake City, Utah.

Co-chair of AMCAP Spring Convention 2007, *Matters of the Heart: Curing, Collaborating and Connecting* in Salt Lake City, Utah.

Chair of the BYU Counseling and Career Center Annual Conference. Hosted Dr. William Glasser and his wife for 2-day conference, Spring, 2007.

Co-Chair of the BYU Counseling and Career Center Annual Conference. Hosted Luiz A. Vazquez, Ph.D. for 2-day conference, Spring, 2006.

Professional Volunteer Service/ Citizenship

American Psychological Association, Division 29, Society for the Advancement of Psychotherapy, Education and Training Committee

Association of Latter-day Saint Counselors and Psychotherapists (AMCAP)

Vice President (2019- 2021)

Assisting in running organization educating mental health professionals, organizing convention, maintaining a scholarly journal and website resources for LDS counselors. Invited to participate in **Health and Human Services, Center for Faith and Opportunities Initiatives (Partnership Center)** bringing together faith leaders and mental health leaders in the areas of religion and psychotherapy. **Board Member** (Administrative Committee, 2022- present), (2018-2019) and **Journal Editor** (2017-2018). Served on the **Continuing Education Committee** (Jan 2010-2012; Sept 2013- 2015).

Invited Visiting Professor

Raised funds, and hosted Religious Conversion Researcher, Henry Gooren, Ph.D., to speak at BYU Feb 2012.

Member of panel advising current psychology graduate students on **Completing a Psychology Dissertation** for Massachusetts Psychological Association (Fall 2001 and Fall 2002).

Student Co-Chair for Division 52 (International Psychology) of the American Psychological Association- Edited student page for newsletter, helped create website (1997-1998).

Community Publications and Presentations:

Hansen, K. L. (2022, Sept). *Ways of Helping Those Struggling with Emotional Pain*. Created pamphlet for local church community families, Provo, UT.

Hansen, K.L. (2020, April). *Whole Brain Child Parenting during COVID*. Presentation given to women's group on zoom at the Church of Jesus Christ in North Salt Lake, Utah.

Hansen, K.L. (2018, Oct). *Helping a Youth in an Emotional Crisis; Suicide Prevention*. Presentation given to youth group at the Church of Jesus Christ in North Salt Lake, Utah.

Hansen, K.L. (2017, Feb). *Addressing Mental Health Concerns: Getting Help*. Presentation given to adult and young women's group at the Church of Jesus Christ in Springville, Utah.

Hansen, K.L. (2015, Apr). *Feeling Good from the Inside Out*. Presentation given to women's group at the Church of Jesus Christ in North Salt Lake, Utah.

Hansen, K. L. (2011, Apr). *The "Gift of Fear" and Dating Tips for Adolescent Girls*. Presentation given to adolescent girls at the Church of Jesus Christ in Cedar Hills, Utah.

Hansen, K. L. (2007, Sept). *Discovering True Principles—Giving with Pure Intention*. In Pretty Sisters' E-Zine, September Edition [online]. Supplemental Newsletter for Rebecca Hintze's PrettySisters.com (Author of *Healing Your Family History*). No longer available

online.

Hansen, K. L. (2007, May). *Emotions and Victims of Abuse*. Class taught to *Chainbreakers*, a community organization that offers an education course to sexual abuse victims.

Hansen, K. L. (2006, June). *Opening Our Hearts to Feeling*. Paper presentation given at the Cambridge Institute of Religion at the Church of Jesus Christ, Boston, Massachusetts.

Hansen, K. (2006, May). *What to do with sad, bad, and depressed feelings: Recognizing and Treating Depression*. Paper presentation given to the Church of Jesus Christ Cambridge Stake, Belmont, Massachusetts.

Hansen, K. (2006, Jan). *Effective Communication in a Fast-Paced World*. Paper presentation given at the Church of Jesus Christ Cambridge Stake's Women's Conference, Belmont, Massachusetts.

Hansen, K. (2005, Jan). *Differentiating between Fear and Anxiety*. Presentation given to the Women at the Church of Jesus Christ in Belmont, MA.

Hansen, K. (2005, Feb). *Divine Connections*. Presentation given to women's group at the Church of Jesus Christ's Cambridge Stake, Cambridge, Massachusetts.

Hansen, K. (2004, Summer). *Healthy and Supportive Relationships*. Presentation given at the Church of Jesus Christ in Belmont, Massachusetts.

Lang, K. (2003, Winter). *Spirituality and the Marriage Relationship*. Presentation given at the Church of Jesus Christ in Arlington, Massachusetts.

Lang, K. (2002, Fall). *Spirituality and Stress*. Presentation to the Church of Jesus Christ's Cambridge ward, Cambridge, Massachusetts.

Strengthening Marriage course taught to Portuguese couples in the Church of Jesus Christ in Cambridge, MA (Sept 03- Nov 03).

Invited to address several different groups from the Church of Jesus Christ of Latter-day Saints on mental health topics (Jan 2001- present).

Awards and Accomplishments:

Awarded BYU Education School experiential grant to support three undergraduate students in research for a year.

Awarded BYU Education School mini grant to mentor students and support their travel to SPR (2022).

Awarded University Research Grants to mentor students at CAPS at BYU (2006-2009).

Received Continuing Faculty Status and Advancement to Rank of Associate Clinical Professor at Brigham Young University (2009).

Received University Dissertation Fellowship (1998-1999).

Awarded University Teaching Fellowship (1997-1998).

National Institute of Neurological Disorders and Stroke summer internship (1989), competitive

Foundation for Advanced Education in the Sciences (FAES) Fellowship (1990), and Grant from Miles Pharmaceutical (1991).

Professional Affiliations:

American Psychological Association (APA) Member 2000 to present.

Division 36 (Psychology of Religion), 2000 to present.

Division 29 (Society for the Advancement of Psychotherapy)
2022 to present.

Division 52 (International Psychology), 1997-1998.

Division 12 (Society of Clinical Psychology), 1995-1996.

Student affiliate of the APA, 1995-1999.

Utah Psychological Association (UPA) Member 2006-2009; 2013- present.

International Experiential Dynamic Therapy Association (IEDTA), Member 2011-2014. 2019-
present

International Centre for Excellence in Emotionally Focused Therapy (ICEEFT) 2019- present

Society for the Scientific Study of Religion (SSSR), Member 2010- 2012.

Massachusetts Psychological Association (MPA) Member 2002-2005.

Association of Latter-day Saint Counselors and Psychotherapists (AMCAP) Member, 2002-
present.