

Rebecca R. Winters, Ph.D., NCSP
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EDUCATION

- 2017 **Ph.D., School Psychology, APA-Approved Program**
Texas A&M University, College Station, TX
Dissertation Title: *"Bully Victimization among Children with Attention-Deficit/Hyperactivity Disorder: The Longitudinal Influence of Behavioral Phenotypes"*
Chair: Dr. Jamilia Blake
Specialization: English Language Learners with Special Needs
- 2012 **M.Ed., Educational Psychology**
Texas A&M University, College Station, TX
- 2011 **B.S., Psychology; Minor in Anthropology**
Brigham Young University, Provo, UT

PROFESSIONAL EXPERIENCES:

- Aug. 2021 – Present **Assistant Professor, Dept. of Counseling Psychology and Special Education**
Brigham Young University, Provo, UT
- Teach courses related to consultation in the schools, program evaluation, school practicum, and crisis intervention
 - Assist with recruitment of new and diverse graduate students
 - Supervise graduate students completing research for their thesis
 - Collaborate with faculty and community leaders on research initiatives
- Aug. 2018 – July 2021 **School Psychologist, Elementary Division**
Milton Hershey School, Hershey, PA
- Provided individual psychotherapy for students with a wide variety of internalizing and externalizing behaviors
 - Facilitated psychotherapy groups on topics such as ADHD management, grief, trauma, and more based upon student needs
 - Supervised practicum students and provided support to pre-doctoral interns
 - Provided social and emotional learning (SEL) instruction in classrooms
 - Participated in on-call rotation to support students with safety concerns
 - Created and delivered professional development training to staff
 - Engaged in consultation with teachers, caregivers, administrators, social workers, psychiatrists, behavioral support staff, medical professionals, and
 - Participated in/facilitated team meetings to develop intervention plans for struggling students and track their progress.
 - Supported Tier 1 students by assisting with PBIS initiatives, coordinating Children's Grief Awareness Day, and facilitating a diversity club

- Aug. 2017 – July 2018 **Postdoctoral Psychology Resident**
Milton Hershey School, Hershey, PA
Supervisors: Dr. Erica Weiler-Timmins; Dr. Benjamin Herr
- Supported pre-doctoral interns by assisting with internship orientation, group supervision, and monthly meetings on various topics
 - Provided individual and group psychotherapy for students exhibiting concerns related to anxiety, depression, ADHD, ODD, grief, and trauma
 - Completed psychological and psychoeducational assessments for students with complex profiles
 - Worked with multidisciplinary teams to advocate for students and engage in problem-solving
 - Provided crisis intervention services on a rotational basis for students exhibiting psychological distress
 - Participated in weekly individual supervision
- Aug. 2016 – July 2017 **Pre-Doctoral Psychology Intern**
Milton Hershey School, Hershey, PA
Supervisors: Dr. Danielle Budash; Dr. Michael Valle
- Provided individual and group psychotherapy targeting a variety of internalizing and externalizing concerns using evidence-based strategies
 - Conducted psychoeducational assessments for students with diverse backgrounds and referral questions
 - Consulted with teachers, caregivers, and professionals from other disciplines to coordinate student care
 - Engage in crisis intervention with students exhibiting a high level of emotional and behavioral difficulties
 - Participate in weekly individual and group supervision
- July 2015-June 2016 **Disruptive Behavior Disorders Practicum**
Texas Children’s Hospital, Houston, TX
Supervisor: Dr. David Curtis
- Provided Parent Management Training to families of school-aged children diagnosed with disruptive behavior disorders
 - Provided behavioral therapy for children with disruptive behavior disorders coinciding with Parent Management Training
 - Engaged in team-based services with an emphasis on collaborative treatment planning, live supervision, and reflective practice
 - Assisted with the training of other practicum students and interns
 - Completed diagnostic intakes for children with emotional and behavioral difficulties to guide treatment
- June 2015-Dec. 2015 **Trauma-Focused Individual Therapy Practicum**
Scotty’s House Child Advocacy Center, Bryan, TX
Supervisors: Dr. William Rae; Dr. Denise Peterson

- Conducted therapy for children and adults who have experienced abuse, using Trauma-Focused Cognitive Behavioral Therapy and other trauma-informed techniques
- Collaborated with parents to establish home and school-based supports
- Developed case conceptualizations, diagnoses, and treatment plans
- Participated in weekly supervision meetings

Jan. 2015-May 2015

Trauma-Focused Group Therapy Practicum

Scotty's House Child Advocacy Center, Bryan, TX

Supervisors: Dr. Jamilia Blake; Dr. Denise Peterson

- Co-facilitated a therapy group for adolescent girls who have experienced or witnessed abuse, based on the principles of Trauma-Focused Cognitive Behavioral Therapy
- Participated in weekly supervision to discuss group progress and dynamics

Aug. 2014-May 2015

Bilingual School-Based Practicum

Bryan Independent School District, Bryan, TX

Supervisors: Dr. Cynthia Riccio; Dr. Shantina Dixon

- Conducted group therapy in Spanish and English with students in a dual language program, focused on anger management and building self-esteem
- Conducted bilingual evaluations to determine need for special education services with recommendations for schools and families
- Participated in weekly supervision to discuss progress and treatment plans

June 2014-May 2015

Autism Practicum

Brazos Valley Rehabilitation Center, Bryan, TX

Supervisor: Dr. Cynthia Riccio

- Conducted evaluations to determine whether children met criteria for an autism spectrum disorder
- Participated in administration, scoring, and interpretation of the Autism Diagnostic Observation Schedule (ADOS-2), as well as other cognitive, achievement, emotional, and behavioral measures used to inform decisions regarding qualification for special education services

May 2014

Field Practicum- Education in Mexico

Querétaro, México

Supervisor: Dr. Anita McCormick

- Participated in a study abroad program in central Mexico, which included exposure to the education system, special education programs, and programs for at-risk youth in Mexico
- Provided consultation services to teachers and parents in general and special education classrooms
- Prepared, implemented, and evaluated interventions for students in general and special education, including school-wide positive behavioral supports
- Prepared reports summarizing services provided in Spanish

- Aug. 2013-May 2014 **School-Based Practicum**
 Bryan Independent School District, Bryan, TX
 Supervisors: Dr. Krystal Cook; Dr. Mary Barringer
- Conducted evaluations to assist in the determination of special education services (administered cognitive and achievement measures, behavioral rating scales, adaptive scales, and projective measures)
 - Conducted individual therapy with students experiencing anger, anxiety, and traumatic stress
 - Consulted with teachers about various academic and behavioral concerns
 - Participated in weekly supervision meetings to determine progress and treatment plans
- Jan. 2013-Dec. 2013 **Child Therapy Practicum**
 Counseling and Assessment Clinic, Bryan, TX
 Supervisors: Dr. William Rae; Dr. Jan Hughes
- Conducted therapy sessions for children and adolescents from diverse backgrounds in English and Spanish
 - Implemented various evidence-based interventions (e.g. Primary and Secondary Control Enhancement Training [PASCET] program, Coping Cat, Defiant Child Program, Incredible Years Program)
 - Prepared psychological treatment reports
 - Participated in weekly individual and group supervision meetings
- Jan. 2012-May 2012 **Integrated Assessment Practicum**
 Bryan Independent School District, Bryan, TX
 Supervisor: Dr. Cynthia Riccio
- Conducted interviews with students, parents, and teachers
 - Administered assessment measures in both English and Spanish to assist in determining need for special education services
 - Prepared full individualized evaluation reports
 - Provided feedback to parents in English and Spanish

TEACHING AND SUPERVISION

- Jan. 2014-June 2016 **Teaching Assistant, Integrated Assessment (Doctoral Course)**
 Course Instructor: Dr. Cynthia Riccio
- Engaged in supervision, instruction, and consultation with junior students enrolled in an integrated assessment practicum
 - Met regularly with students to assist with developing case batteries, scoring protocols, interpreting test scores, and formulating recommendations
 - Scored all protocols for each student's individual evaluations
 - Assisted students with case completion as needed
- Jan. 2015-May 2015 **Supervision Practicum**

Supervisor: Dr. Cynthia Riccio

- Supervised junior students completing counseling practicum in a community mental health center
- Directly observed supervision of students at various developmental levels

Aug. 2013-Dec. 2014 **Teaching Assistant, Academic Assessment & Intervention (Doctoral Course)**

Course Instructor: Dr. Nathan Clemens

- Supervised junior graduate students' completion of assessments and related interventions for students in local schools
- Tested students' mastery of the administration of various curriculum-based measurement (CBM) probes and provided grades to instructor

Aug. 2013-May 2014 **Teaching Assistant, Individual Assessment of Intelligence (Doctoral Course)**

Course Instructor: Dr. Krystal Cook

- Taught a weekly lab focused on the administration, scoring, and interpretation of major measures of intelligence and achievement
- Scored and graded all protocols for evaluations completed by students
- Held individual feedback sessions concerning administration proficiency

PUBLICATIONS

Winters, R. R., Blake, J. J., & Chen, S. L. (2017). Bully victimization among children with Attention-Deficit/Hyperactivity Disorder: A longitudinal examination of behavioral phenotypes. *Journal of Emotional and Behavioral Disorders*, 28(2), 80-91.

Williams, A., Smith, D., & **Winters, R.** (2016). Defining bullying: Does Olweus' conceptualization apply to early childhood youth? In O. N. Saracho (Ed.), *Contemporary Perspectives in Early Childhood Education* (pp. 87-104). Charlotte, NC: Information Age Publishing.

Blake, J. J., **Winters, R. R.**, & Frame, L. B. (2016). Social-emotional, and behavioral assessment. In S. L. Graves & J. J. Blake (Eds.), *Psychoeducational assessment and intervention for ethnic minority children: Evidenced-based approaches* (pp. 95-114). Washington, D.C.: American Psychological Association.

Allee-Smith, P. J., **Winters, R. R.**, Drake, A., & Joslin, A. K. (2013). Test review: Barkley Deficits in Executive Functioning Scale (BDEFS). *Journal of Psychoeducational Assessment*, 31(1), 80-83.

Davis, S. D., Young, E. L., Hardman, S., & **Winters, R.** (2011). Screening for emotional and behavioral disorders. *Principal Leadership*, 11(9), 12-17.

PRESENTATIONS

Winters, R. & Williams, A. J. (2016, February). *Bullying and Attention-Deficit/Hyperactivity Disorder: Exploring the influence of student-teacher relationships*. Paper presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.

Williams, A. J. & **Winters, R.** (2016, February). *Responding to sexual orientation/gender-based bullying: A qualitative review*. Poster presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.

Pina-Bankston, K., Warnick, B., & **Winters, R.** (2014, August). *Examining non-familial influences on Latino children's racial/ethnic socialization*. Poster presented at the annual convention of the American Psychological Association, Washington, D.C.

Winters, R., Frosch, J., & Boles, M. (2014, March). *The foundations, goals, and inter-workings of the CEHD Committee on Diversity Initiatives*. Poster presented at the conference of the College of Education and Human Development, College Station, TX.

Winters, R., Blake, J., & Castillo, L. G. (2013, February). *Bullying and intragroup marginalization among ethnic minority adolescents*. Paper presented at the annual convention of the National Association of School Psychologists, Seattle, WA.

Pulido, R. A., **Winters, R.**, Marshall, J., Dillworth, A., Lund, E. M., Joslin, A., & Blake, J. (2012, August). *Perceived popularity and self-concept in a Hispanic/Latino American and African American sample*. Poster presented at the annual convention of the American Psychological Association, Orlando, FL.

Winters, R. (2012, February). *Understanding testwise versus experimentwise type I error and the Bonferroni Correction*. Paper presented at the annual meeting of the Southwest Educational Research Association, New Orleans, LA.

IN-SERVICE PRESENTATIONS

Winters, R. (2020, November; 2019, November; 2019, October; 2019, May). *Suicide Awareness and Prevention Training*. In-service session presented at Milton Hershey School, Hershey, PA.

Budash, D., Parys, K., **Winters, R.**, Ganly, M. (2020, August). *Supporting Students' Return to School*. Presented at Milton Hershey School, Hershey, PA.

Parys, K., & **Winters, R.** (2020, January). *Homework Strategies for Elementary Students*. Presented at Milton Hershey School, Hershey, PA.

Carrier, A., **Winters, R.**, Collins, M., & Joos, C. (2019, October). *Effective Affective Expression: Building, Using, and Teaching Emotional Awareness and Language*. Presented at Milton Hershey School, Hershey, PA.

Winters, R., Parys, K. (2019, March). *Managing Student Grief*. Presented at Milton Hershey School, Hershey, PA.

Carrier, A. & **Winters, R.** (2018, November). *Developmental Norms in the Elementary Years*. Presented at Milton Hershey School, Hershey, PA.

Winters, R. (2014, March). *The oppositional student: How to manage challenging classroom behaviors*. In-service session presented at Jones Elementary School, Bryan, TX.

PRIOR RESEARCH EXPERIENCE

Aug. 2011-June 2016 **Peer Relations and Adjustment Lab, Texas A&M University**
Supervisor: Dr. Jamilya Blake

- Contributed in various capacities by exploring children's peer relationships and their association with emotional, behavioral, and academic variables

- Conducted original research projects related to ethnic identity, self-concept, racial/ethnic socialization, and bully victimization among diverse populations
- Assisted with literature reviews, data collection, data analysis, and grant preparation
- Presented various research projects at regional and national conferences

May 2010-April 2011 **Undergraduate Research Assistant, Brigham Young University**

Supervisor: Dr. Betty Ashbaker

- Conducted research on systems that students use to report bullying
- Updated and edited a manuscript in preparation for journal submission

Feb. 2010-April 2011 **Undergraduate Research Assistant, Brigham Young University**

Supervisor: Dr. Ellie Young

- Worked with a team to develop a screening system to detect emotional and behavioral concerns in secondary school students
- Conducted various literature reviews pertaining to mental health screening in children and adolescents
- Helped prepare manuscripts and conference proposals for submission

HONORS AND AWARDS

2016-2017	Professional Psychology Scholarship for Interns
2012-2015	Doctoral Training Grant with a Focus on English Language Learners (DTELL)
2011-2012	Educational Psychology Department Scholarship
2009-2011	Brigham Young University Academic Scholarship

OTHER EMPLOYMENT EXPERIENCES

June 2014-June 2015 **Private Tutor**

College Station, TX

- Provided academic tutoring for an adolescent with chronic medical issues and behavioral difficulties
- Created structured interventions to address deficits in written language
- Assisted with assignments related to additional subjects as needed

Jan. 2012-May 2013 **Academic Advising Graduate Assistant**

Department of Educational Psychology

Supervisor: Kristie Stramaski, Senior Academic Advisor

- Maintained department databases, filed materials, and answered phone calls
- Provided information to current students regarding graduate programs
- Assisted prospective students with completing graduate applications

COMMUNITY AND PROFESSIONAL SERVICE

Sept. 2014-May 2016 **Brazos Interfaith Immigration Network, Bryan, TX**

- Assisted with intake referrals, provided information regarding community resources, and volunteered support during special events

- Aug. 2013-July 2014 **Secretary, Student Affiliates in School Psychology**
- Participated in monthly SASP meetings
 - Helped organize events to promote school psychology, including activities for School Psychology Awareness Week
 - Helped coordinate presentations by invited speakers
- Aug. 2012-July 2013 **School Psychology Representative, Educational Psychology Student Organization**
- Attended school psychology faculty meetings
 - Served as liaison to voice concerns between students and faculty
 - Assisted with organizing and promoting student events, such as New Student Orientation, socials, and community service
 - Member of new faculty search committee
- Jan. 2006-Apr. 2006 **Center for Women and Children in Crisis, Provo, UT**
- Mar. 2010-Apr. 2011 • Answered hotline calls, assisted women in the shelter, supervised children of the residents and engaged them in activities

PROFESSIONAL AFFILIATIONS AND LEADERSHIP POSITIONS

American Psychological Association, Division 16
National Association of School Psychologists